



GRYC Learn to Sail Program 2011

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Are you new to the club and want to learn to sail? Have you been at the club for a few years and haven't quite gotten around to taking that first step towards learning how to sail? Do you own a boat but don't take it out because you're worried that you might not remember how to sail? Have you ever wanted to try racing on Sundays but feel intimidated by the other racers that look like they know what's going on, or do you simply not know where/when/how to start? Or do you simply need to brush off the winter cobwebs with the help of an experienced sailor?



If you answered yes to any of these questions, act now and take advantage of the free Learn to Sail clinics! (*members only*)

Boat Basics

*Saturday, June 25 10 am – 12 pm
starting from scratch at 10:00 am*

As a member, you are entitled to use the club boats. Come and learn where all the parts are kept, how to rig up the different boats, and the basics to get you moving on the water. No experience necessary! This is a land-based lesson, so just bring your eager selves! Adults and children welcome. Children under 14 to be accompanied by an adult.

Sailing Basics

*Saturdays, July 2 & 9 10 am – 12 pm
be rigged & ready at 10:00 am (instructor will be available for rigging help at 9:30)*

Sailing Basics is the next step in the Learn to Sail Program. Boat Basics covered knots and rigging, Sailing Basics will cover the Basics of Sailing - how to harness the wind to make a boat move: how to sail upwind, downwind, how to turn, and maybe even some instruction in capsizing... All members welcome, no experience necessary. Sailing Basics includes on-water instruction (weather permitting), so be dressed for sailing - lifejackets required! If you need help rigging, please arrive early.

Racing Basics

*Saturday, July 16 10 am – 12 pm
be rigged & ready at 10:00 am (instructor will be available for rigging help at 9:30)*

So you know how to sail - at least, you can get a sail boat moving in a forward direction... most of the time... You feel ready for the challenge of battling head-to-head with fellow sailing enthusiasts. Learn the basic rules of racing, what a starting sequence is, and some basic strategies for completing a race. Try out what you've learned in a mock-race. Lifejackets are required, a waterproof stopwatch is recommended. July 23 will be a Regatta training day.



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Advanced Sailing Clinic

Saturday July 23 10 am – 12 pm

Thinking about competing in the GRYC Invitational Regatta July 30-31? Seasoned veterans will be on hand to give you tips and tricks on maximizing your sailing potential and boat speed.

Open Sailing Clinics

Saturday, August 6 & 13 10 am – 12 pm

be rigged & ready at 10:00 am (instructor will be available for rigging help at 9:30)

Need to brush up your sailing skills? Want to work on a specific technique? Need further instruction on something you've been working on or sailing in general? Want to practice racing before the Invitational or Family Fun Regatta? The Open Sailing Clinic is a chance to get the answers you're looking for. This clinic will be structured around what your needs are or just another chance to learn under instructor supervision. Lifejackets are required for on-water instruction.

Family Fun Regatta

Saturday, August 20

The Grand Finale of the Learn to Sail Program. Put all your acquired sailing skills to the test at this one-of-a-kind fun regatta. A great event for the whole family!

New and improving sailors battle it out in fun and relaxed races throughout the morning. Experienced sailors wanting to participate are relegated to crewing or sailing prams. Hot Dog lunch provided to participants and volunteers. Afternoon bears witness to more fun events.

Look for more details later in the season!

For more information on any aspects of the Learn to Sail Program, email sail@gryc.ca