

The Masthead



Vol. 8 No. 5 - Sept. 1970 - Gatineau River Yacht Club, Kirk's Ferry, P.Q.

BIRTHDAY PARTY - September 7th at 3:30 p.m.

On Monday, September 7th, we will celebrate the eighth Birthday of the Gatineau River Yacht Club as the actual date, September 2nd falls mid-week.

This is an invitation to all members - Junior, Intermediate and Senior to join in one big party to toast our Club as the season draws to a close.

During the afternoon we hope our Juniors will demonstrate how much they have learned about sailing and water safety during the summer and hopefully there will be fun races. There are sailing and swimming awards to be pre-

sented to our young people and we know they would like to have their parents and friends there for this ceremony. Then there will be the Birthday cake, ice cream and other refreshments to round out a happy afternoon. Even if it rains, do come along as we will make it work somehow - this is one event that can't be postponed because of weather and who cares about a little rain at a Yacht Club!

Tuesday is back to school and the rush of fall activities for everyone. Let's really wind it up with a rousing Birthday Party.

WESTERN PIONEER THEME PARTY

Cowboys and their gals, lovely Indian maidens, dance hall gals, card sharks, a variety of early farmer costumes and a host of other, not so distinctive costumes, highlighted the Theme Party this year. Many old friends of the Club returned for the party and between dances there were stories of the early days of the Club-racing and cruising.

Congratulations to Peter Tutton and Pat Evans who won the prizes for best costumes and to Ann Chudleigh and her helpers for organizing a great party.

FROM ANN:- A hearty vote of thanks to

those who donated prizes for the Western Pioneer Party: Ardell Groceries, Larrimac; Reid General Store, Kirk's Ferry; John Clifford Ski Tows; MacIntyre Realities Ltd.; Skene Boats Ltd.

A hearty vote of thanks also to over 20 other members who worked on the Planning Committee, decorations, tickets, bar, contests, clean-up and finally Chudleigh's special thanks to the Tarzans who volunteered to cart loads across the cat-walk.

The next big bash is the Club clean-up and prize giving, Thanksgiving Monday, October 12.

T H E C O M M O D O R E ' S S I G N A L

Eight years old on September 2nd - that's G.R.Y.C.'s vintage. As secretary, Vice-Commodore, Commodore and founding member, I can look back over the years with mixed feelings. Happiness - in the enjoyment the Club has brought to so many people, satisfaction - in the achievements of the Club, sadness - in the loss, one way or another, of former members, joy - in the many new friends, regret - for the things that were meant to be done, but for one reason or another were left undone, gratefulness - for those who have served with me to help provide the kind of club in which so many have sought membership and which seemed to fill their needs.

While, by no means leaving the Club, I do wish to lay down the burden of office on the Board of Directors. In doing so I extend to the new Commodore and his or her colleagues best wishes for the future of the Club.

With the approval of the Directors, I have appointed a Nominating Committee composed of Gordon Grant (Chairman), Anne Wood, Al Wilson, René Gachnang and Jimmy Patterson (the latter to represent the Intermediate Squadron). Their task of

preparing a slate of officers for possible nomination at this year's Annual Meeting will start fairly soon and I would bespeak each member's co-operation if and when asked.

There remain for the balance of the season still some activities for G.R.Y.C. members, such as the Fall Frostbite Series, the Prize-Giving and the annual Clean-up and, of course, the Annual Meeting. We have asked Graeme to stay with us, on half-time, throughout September; we are busy preparing a list of maintenance jobs for him to undertake on our behalf so that the Clean-up will become more of a "put-away day" rather than the chore it has developed into lately.

Elsewhere in this issue you will see what plans there are for the rest of the season. Note the dates carefully, there's not too many days left for activities to be postponed to so let's keep postponements to a minimum and try to keep to schedule.

See you around,

Your Commodore.

HIT AND BLOW

Once again this year we joined with members of the Larrimac Golf Club for a day of sailing and golf. The date was August 8th and by 1:30 p.m. several golfers were on the island, having a swim, talking to G.Y.R.C. sailors and guests or out in a boat with the warm breezes moderate enough to allow for pleasant cruising.

Shortly after 3:30 p.m., the party moved up to the Larrimac Club for golf and tennis. While not as many of our members took part in the golf game as last year, there was a fair turnout and everyone seemed to be enjoying themselves. Of course, there were a few exclamations, either spoken or thought, as a sailor missed a putt, that are best left unprinted - but then that's "par" for most golfers and golf games.

Later in the evening, more G.R.Y.C. members found their way to the Larrimac Club who this year hosted a cocktail party followed by dinner and a very pleasant evening.

All in all it was a delightful day and our thanks to our friends at Larrimac for being such wonderful hosts.

THANKS INTERMEDIATES

A special word of thanks and a way to let many of the senior members know that our Intermediates have several times either offered or responded quickly to requests in helping to clear up the islands, assist with the Junior Program and a host of other small details. The editor feels that all of our members should know that the Intermediates are anxious to play a full role as members of the Club.

T H E J U N I O R P R O G R A M - By George Beers
Junior Program Committee Chairman

Now that the season is drawing to a close, it might be useful to review the program presented at the Club this year for our younger members.

First of all, we sent to all members a brief questionnaire asking if they had children who would be interested in a structured program. From this we received an indication of desire on the part of parents of 38 young people between the ages of 8 - 19.

It was then decided to divide this number into two basic groups - a Junior Squadron for those between the ages of 8 - 13(14) and an Intermediate Squadron for those 15 - 19.

A Junior Squadron Program Director, Graeme Parkinson, was engaged by the Club in June and he immediately commenced a repair program on the Prams and a review of what might be done in an on-going program. By the end of June we were ready to go, but really with an inadequate amount of planning and preparatory work time.

On June 21st, Pat Evans, Tom Ryan, Graeme Parkinson and I met with the young people in the 15 - 19 age group. In discussion with this group it was decided to form an Intermediate Squadron who would appoint three officers. The Squadron would run their own program with my co-ordination and assistance when requested. The Commodore invited the elected Intermediate Squadron Commodore, Charles Gachnang, to become a full voting member of the Board of Directors of the Club to encourage full participation by these young adults in the activities and responsibilities that related to them. Within a week they had planned and executed their first event - a very successful Saturday evening dance.

On June 26th, over 25 young people along with a number of parents met with me to hear what we had as preliminary plans for the Junior Squadron. At this time we announced the intention of conducting sailing training classes based on the Standards established by the Canadian Yachting Association. We also said that later on in the summer, if

possible, we would attempt Red Cross swimming classes and Water Safety Training. Classes were set up by Graeme Parkinson and started on July 7th. Sailing Training for these young people have been going ever since from Tuesday to Friday inclusive, from 9:30 a.m. to 4:30 p.m. Recently, 17 Juniors qualified for Standard #1 of the C.Y.A. tests and 5 for Standard #2. Several of the later are now working on Standard #3 which, some senior members have said, is tough enough to make them wonder if they could pass the requirements. Many of our members must be thanked for their help in this training program by loaning boats, examining the youngsters and just making sure they got to sessions on time and with some regularity. However, the mainstay of the program was Graeme who has done a wonderful job of training our Juniors often under very trying conditions. The Junior Trophies drew many more competitors than we have seen for some time and other "fun races" resulted in prizes to many others and more good training while having fun.

Thanks to Doreen and Colin Ramplee-Smith we were able to engage Father Chris Rupert S.J., a qualified Red Cross instructor and examiner. He offered classes in Junior, Intermediate and Senior Swimming and Water Safety during August at a cost ranging from \$4.00 to \$10.00 per person depending on the level of course taken. This program was, therefore, financed outside of Club resources and was paid for exclusively by the users. As a result, youngsters took courses and passed Senior, Intermediate and Junior tests. In addition, qualified for Water Safety awards. We are indeed grateful to Father Rupert for all his efforts on behalf of our young swimmers and particularly for the very pleasant time they had learning from him.

There were other fun activities during the summer for the Juniors - some organized, others just spontaneous, but too numerous to mention now and it is enough to say there was the opportunity and leadership to have a great time on our island Club.

Except for prize and award giving, the Junior program is now over for this year.

The Intermediates will probably have one or two more social events and that should just about wrap it up for them.

It has been a most interesting experience being Junior Program Committee Chairman. All of the Directors have helped a great deal and particular-

ly Vice-Commodore, Tom Ryan to whom I will, of course, submit a more specific report. As one who has been a member of the Club since it started, I can't remember seeing so many young people around continuously ever before. Many thanks to all who helped and a particular tribute to our Watch Officer, Graeme Parkinson.

SWIMMING AND WATER SAFETY

As you know a Red Cross swimming and water safety program has been presented by the Club during August. There have been an intensive series of classes at various skill levels conducted and taught by Father Christopher Rupert, S.J. During these classes, 17 of our young people and one senior member enrolled.

On August 25th, Mr. Dennis Menard, a Red Cross examiner from Montreal, came to the Club and here are the results of his testing. Incidentally, the Red Cross examining in Quebec is usually more severe than in Ontario or so we are told by those who have done Red Cross work in both Provinces.

<u>SURVIVAL SWIMMING</u>	<u>JUNIOR AWARD</u>	<u>INTERMEDIATE AWARD</u>	<u>SENIOR AWARD</u>
Andrew Beers	Michael Tutton	Andrew Beers	Judy Erskine
Eric Beers	Judy Smith	Eric Beers	Jeff Erskine
Michele Bernier	Adrian Webber	Michele Bernier	Rick Webber
Catherine Butler	(3 Tested - 3 Qualified)	Sarah Ramplee-Smith	John Findlay
Venetia Butler		Jennifer Ryan	
Judy Erskine			
John Findlay		(9 Tested - 5 Qualified)	(6 Tested - 4 Qualified)
Peter Findlay			
Sarah Ramplee-Smith			
Mrs. Claire Ryan			
Jennifer Ryan			
Adrian Webber			
Rick Webber			
Michael Tutton			

A FEW IDEAS

1. Try a Junior as a crew member in a regular race.
2. Have you ever sailed a Pram? If not, why not ask Graeme for one and race your son or daughter.
3. There are rakes in the clubhouse for anyone who would like to clean up the beaches or any other part of the island at any time.

JUNIOR PROGRAM TESTING

The following is the results of courses run and testing performed to the end of August. The sailing training courses were based on the Canadian Yachting Association Standards (copies available on request to the editor) and the testing was done in Prams, Flying Juniors, Albacores and other craft by senior, experienced sailors of the Club. The instruction is continuing for those who enrolled late in the program and it is expected we will have to hold another series of tests this season.

<u>REGISTERED</u>	<u>PASSED</u> C.Y.A. <u>STANDARD 1</u>	<u>PASSED</u> C.Y.A. <u>STANDARD 2</u>	<u>REGISTERED</u>	<u>PASSED</u> C.Y.A. <u>STANDARD 1</u>	<u>PASSED</u> C.Y.A. <u>STANDARD 2</u>
Lee Adrien			Christopher Place	*	*
Rick Adrien			Warren Place		
Michael Adrien			Sarah-Jane Ramplee-Smith	*	
Steve Bailey	*		Jennifer Ryan	*	
Andrew Beers	*	*	Paddy Ryan	*	
Eric Beers	*		Dean Smith	*	
Michele Bernier	*		Judy Smith		
Venetia Butler			David Stutt		
Catherine Butler			Catherine Stutt		
Gordon Erskine	*	*	John Tutton	*	*
Jeffrey Erskine	*	*	Michael Tutton		
Judy Erskine	*		Jennifer Waring	*	
John Findlay	*		Adrian Webber		
Peter Findlay	*		Rick Webber		
Allan Geldart	*		Ian Wright		
Catherine Hope			Jim Wright		
Jane Hope			Susan Wright		
Margaret Hope					

JUNIOR FUN RACES

A series of Fun Races were held recently with prizes going to the first place winner of each race. These prizes will be presented at the Birthday Party on September 7th.

August 18th - Race for all girls registered in sailing program.
Winner - Cathy Hope

August 19th - Boys 11 and under.
Winner - Rick Webber

August 20th - Boys 12 - Rained out
Will be sailed Aug. 29th.

August 21st - Boys 13 and 14
Winner - Gordon Erskine

JUNIOR TROPHIES

The two trophies available for Junior competition have been competed for and here are the winners.

Jackson Trophy - For those 12 and under
Sailed in Prams
Winner - Warren Place

Junior Sailing Trophy - For those 13 and over.
Sailed in craft other than Prams.
Winner - Don Wilson.

WHAT'S THE PROBLEM?

SEWAGE POLLUTION

By Ann Chudleigh

Sewage pollution is of three types: chemical, biological and bacteriological. Sewage (everything of waste that comes out of the cottage or clubhouse in water) contains many chemicals which can potentially change the chemistry and biology of the river. Many of these chemicals are called nutrients (carbon, nitrates, phosphates) and they are food for the plants that grow in the river.

Nutrients → increased algae and weed growth → death of algae → decay caused by bacteria which use up oxygen → eutrophication → smell, slime, unsightly masses of algae, entangling weeds. (5 years ago there were fewer weeds in our mooring bay).

Most sewage contains a great deal of organic material which combines with bacteriological action and depletes the water of dissolved oxygen.

Present in human waste are bacteria and viruses that can cause diseases such as hepatitis, cholera, typhoid and polio. Although these viruses are considerably diluted in the river, they do constitute a hazard for swimmers and the thirsty when they get into the drinking water, (all Club taps and toilets use untreated river water which is not potable; drinking water is carried from the mainland in gallon jugs. Is this adequate with so many children on the island?)

One method often used to determine

the amount of pollution is to count the density of the bacteria called COLIFORM which is found in human waste. However they are not usually harmful to human health, but their number gives a good indication of the level of pollution danger. The Ontario Water Resources Commission set a Coliform count of 1,000 as the danger level for swimming, while the Quebec Water Board set it at 2,400 and the National Parks Commission at 500. The faecal coliform carried by humans, but not animals are more dangerous and provide a better indication of the pollution in the water. A faecal count of 100 will lead to the closing of Ontario beaches. A similar count for Quebec is unknown.

THE TREATMENT OF SEWAGE

The aim of primary sewage treatment is to reduce by one-half, the amount of organic material in the sewage water. This is done either by filtering out the large solids or by a series of crushers or screens which catch the large solids. The aim of either step of treatment is to reduce the danger of bacteria and viruses; this chlorination of the effluence is a vital part of primary treatment if no other treatment is to be done.

Secondary treatment completely removes organic material in the sewage water and tertiary treatment removes the nutrients. At the G.R.Y.C. our toilet facilities are barely adequate for our present membership. As the Club membership has continued to grow, we will now have to seriously consider budgeting for capital expenditures for expanded facilities.

POLLUTION IS THE EFFLUENCE OF OUR AFFLUENCE

RACE RESULTS

SERIES A	- #11	- Bernier	Hope	Wilson
	#12	- Wilson	Bernier	Denyer
	#13	- Wilson	Leeney	Harley
	#14	- Wilson	Harley	Leeney
	#15	- Wilson	Jefferies	Leeney
	#16	- Wilson	Harley	Leeney
SERIES B	- #11	- Wilson	Erskine	Evans
	#12	- Wilson	Evans	Fell
EVENING SERIES	- # 5	- Evans	Harley	Wilson
	# 6	- Evans	Leeney	Swartz
	# 7	- Evans	Smith	Harley

POLLUTION TESTS

There have been two testings of our swimming area. These were taken on July 13th (6 samples from each of the Glen Eagle and the island swimming areas) and on August 3rd (3 samples from each area). So far, we have safe swimming water. If you want to know the safest areas, watch where I usually swim. These include:

(a) the area between the G.R.Y.C. boom at the north tip of the island, and

(b) the swimming area on the island, especially out from the shoreline near the boom. The worst areas are:

(a) at the base of the Yacht Club road right off the sandy beach. The coliform count (plant and animal waste) has been right on and above safety levels in the two tests taken. The E. Coli (animal waste) count was within safe standards.

(b) on the shoreline and southernmost tips of the island swimming area, the E. Coli counts are hovering around the un-safe levels, some samples above and some below, indicating that the effluent from the Club's septic system is not entirely pure! I will continue to check and report.

PROBLEMS: Did you know that it is IMPOSSIBLE to get testing bottles from the Health Unit in Hull during a certain portion of the summer? This occurs during the period when the Health Inspector is on vacation. Apparently, no one else is capable of handing out bottles and sending the samples to Montreal. Must we be without testing during the most crucial part of the summer? Fortunately, the services of Pollution Probe at Carleton University were engaged for the second testing.

WHAT CAN WE DO: Those of us who live in non-sewer areas should have a competent person check our septic system. A continuous check on the effluent of the Yacht Club's system is a necessity. The washing machines, etc. which drain into gullies are sources of river pollution. Pull out the dead heads before they sink and begin the long, oxygen-stealing decaying process. The dogs urinating and defecating around the Glen Eagle beach are no source of joy. One attempt to post a "NO DOGS ON BEACH" sign resulted in the sign being stolen.

Any suggestions would be appreciated. Call me at 827-2242.

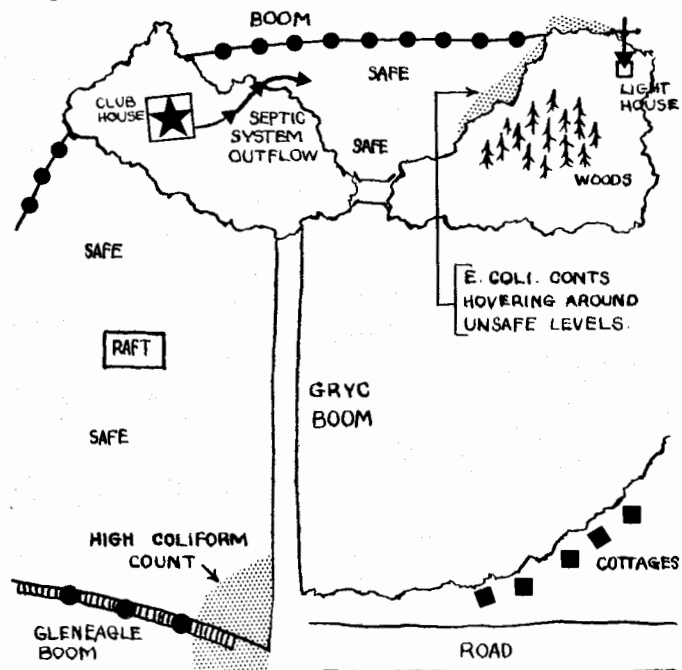
Tom Ryan, Vice-Commodore.

EMERGENCY!

On Thursday, August 20, the Canadian people were shocked to hear that the City of Sudbury had been struck with a tremendous storm that caused four deaths and thousands of dollars damage. Warnings were flashed to Ottawa area residents that the storm was expected here and several businesses closed as employees rushed home. The R.C.M.P. issued a special call to all Yacht Clubs to recall all boats and secure for the storm. At our Club, the reaction to this call was immediate! Graeme rounded up all the Juniors and they, with the help of a few Intermediate Squadron members and one of two Seniors on the island, all Prams were beached, moorings checked, centerboards put down and the island secured as much as possible and then evacuated. A vote of thanks from all of us who were not on the island, for this prompt, efficient action by our young people.

SEMINAR ON SAILING

Mr. Keith Musto, a famous sailmaker and sailor in the United Kingdom will be conducting a Seminar on Sailing at Ottawa University on Saturday, September 12th. We regret we do not have further information at the time of going to press, but if you are interested, further details are available from Andy Harley or Phil Thompson - (836-1383). This should be a very interesting evening and it is hoped to have Mr. Musto come up to the Club during the Thompson Trophy race where he can share his knowledge and experience with our sailors.



END OF SEASON SAILING

Although we are quickly coming to the end of the regular season, there are still a number of races yet to run and the Fleet Captain is counting on your support of these events. It is quite likely that most of the regular series Trophies have already been won so the competition in these races is just for fun now, or to pit yourself against a good sailor and boat - which is also good fun and experience. Of course there is still the Fall Frost-bite series which starts on September 6th. This is always an exciting series of races and the brisk weather and radiant beauty of the countryside and our island add greatly to the thrills of competitive sailing. Even if you have only been out for one or two races this year, or not at all, why not plan to take in this series just for the fun and exhilaration of fall in the Gatineau.

For the future of sailing competition in our Club, many members have been expressing opinions lately and surely your Board of Directors would welcome any suggestions and views. Here are a few observations overheard in conversation during the season. They are not given in any order or to make any given point - just a random collection listed here to get you thinking with the hope that you might wish to make known your opinions to the officers of the Club.

From the Fleet Captain - ANDY HARLEY:

"One thing I would like to see is more boats coming out for each race - How do you think we can get more members to compete".

A new member: - The Junior Sailing Training Program is very interesting. "Does the Club have any similar training program for adults?"

Several senior members:- Should there perhaps be less concentration on season long series races and more on single, double or triple races for simple prizes like steins, tell-tales, paddles, etc?

Vice-Commodore - TOM RYAN:

"The kind of sailing I enjoy most is long river runs - either racing or cruising up for a picnic. Perhaps we should have more of this kind of thing."

Treasurer - PIERRE BERNIER:

"Perhaps we should consider having our sailors compete in either a Class "A" (experienced competitive sailors) and Class "B" (those just starting to compete or new to the game or with older boats)".

What do you think? Have you any suggestions to offer? The Club needs your opinion and ideas and you can either talk to one of the officers or drop a note to The Masthead - pin it on the notice board as the strikes continue.



Photo taken during the "Hit and Blow" as we caught the Commodore between holes. Pat Evans, Norma Beers, third from left and her guests, Major General and Mrs. D.C. Spry.